



Case study 1

33-year-old male fell and fractured his fibula. He weighs 200kg and is 1.98 m tall (6 foot 6 inches). He has been treated conservatively with below knee cast and needs to be Non-Weight Bearing for 6 weeks. He works as a hospital porter and lives in an apartment with his partner. Door widths are too narrow for a bariatric frame and he sits on a low couch at home. Apart from his job, he does not participate in any physical activity. His weight is distributed proportionally.



Source: ECPO Image Bank



Co-funded by
the European Union