



PROMINENCE Newsletter

March 2026

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Welcome!

Dear Reader,

As we reach the conclusion of the PROMINENCE project, we are proud to share the final milestones of our journey to advance obesity education in physiotherapy. This final project newsletter celebrates our key achievements, weaving together our latest published research with the successful delivery of the **Obesity Competency Framework** and our dedicated **Obesity Open Education Resource** (OER).

Here is a quick look at what we have been up to, and while this chapter ends, we are confident that the impact of our shared work continues.

2026:

Obesity Competency Framework

The PROMINENCE Consortium is pleased to announce that the Obesity Competency Framework for entry-level physiotherapy education has now been finalised. This key project output, developed to support physiotherapy educators and learners in addressing obesity within clinical and academic settings, is now openly accessible [here](#).



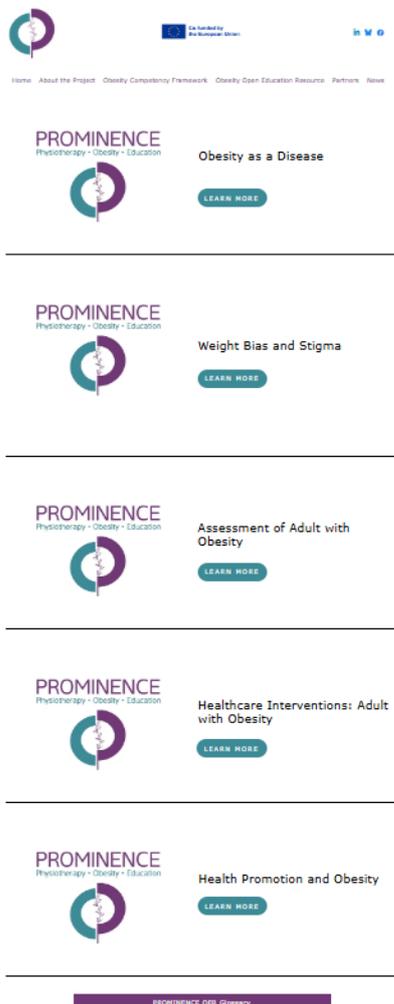
Obesity Open Education Resource and Obesity OER Launch Webinar

We are also delighted to announce that the key project output, the **PROMINENCE Obesity Open Education Resource**, is now freely available to physiotherapy educators and learners.

Designed to support obesity education in physiotherapy, this evidence-based resource addresses a key gap in entry-level physiotherapy



curricula. You can access the PROMINENCE Obesity Open Education Resource [here](#).



On 24 March 2026, our **Obesity OER Launch Webinar** marked an important milestone for PROMINENCE, officially introducing the project's OER to educators and learners.

The webinar drew 132 participants from 32 countries, reflecting broad international interest, and was opened by Emilia Kosińska, Projects Manager and Advocacy Officer at the World Physiotherapy Europe Region.

The PROMINENCE project was presented by the University College Dublin PROMINENCE team, led by project lead Caitríona Cunningham, with the Q&A session facilitated by Gráinne O'Donoghue.

Attendees represented 19 EU Member States and five aspiring EU Member States, alongside participants from three Asian countries and one African country.

Read more about the webinar's insights and the access the webinar recording [here](#).

2025:

PROMINENCE at ENPHE Forum 2025 - Workshop on Obesity Education in Physiotherapy

Running up to the launch of the PROMINENCE Open Education Resource, the project took centre stage at the ENPHE Forum 2025 in Luxembourg, where Project Lead Caitríona Cunningham (UCD) facilitated a workshop on advancing obesity education in physiotherapy which allowed for



sharing of the proposed Obesity Competency Framework with an international educator audience.

Discover the key insights and outcomes in the full article [here](#).



Publication of PROMINENCE Scoping Review

Verbeven et al. *BMC Medical Education* (2023) 23:1367
<https://doi.org/10.1186/s12913-023-07771-2> BMC Medical Education

RESEARCH Open Access

Obesity competencies for healthcare professionals: a scoping review

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Abstract
Background The Obesity Policy Engagement Network (OPEN-NL) manifesto led by the European Association for the Study of Obesity (EASO), underscores the urgent need for enhanced, evidence-based education for healthcare professionals (HCPs) involved in obesity care. This scoping review aims to identify and profile relevant literature that supports on obesity-related competencies for HCPs and to synthesise identified competencies into obesity competency domains and subdomains to inform HCP education.
Methods A scoping review was conducted in accordance with the Joanna Briggs Institute and PRISMA guidelines, including a comprehensive search strategy targeting PubMed, CINAHL, Plus and ERIC database (2014–2024). Based on clear inclusion criteria, full-text articles which focused on obesity-related competencies in HCP education were identified. Thematic analysis of all reported competencies was conducted to generate obesity-related competency domains and subdomains.
Results Twenty-two studies were included in the scoping review (out of 1286 unique records resulting from database searches) with a diversity of HCP disciplines represented. Multiple obesity competencies were identified, spanning seven key domains: Obesity Background, Clinical Assessment, Clinical Management, Evidence-Based Practice, Communication, Professional/Ethical Standards, Patient-Centred Care, Advocacy/Influencing, HCP Education, Public Health/Health Promotion and Health Systems. The most frequently reported competencies fell within the domains of Clinical Assessment and Clinical Management.
Conclusions This scoping review identified and synthesised obesity-related competencies from HCPs education and professionalisation literature into eleven key domains and related subdomains. These findings highlight the multifaceted nature of obesity management, positing the usefulness of comprehensive, competency-based training for HCPs.
Keywords Competency, Obesity, Healthcare professional education, Learning outcomes

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We are pleased to share the publication of a new PROMINENCE research paper, "Obesity competencies for healthcare professionals: a scoping review".

The paper highlights key findings from our collaborative work and offers valuable insights for educators and clinicians alike. Read the full article [here](#) or directly download the publication [here](#).

Publication on Health Professional Competencies in Obesity Management

Following our work on obesity education and competencies, PROMINENCE has released a new publication on Health Professional Competencies in Obesity Management, highlighting key competencies for healthcare professionals in obesity prevention, treatment and rehabilitation.



Read the full article [here](#) or directly access the publication on the TAMK Journal [here](#).

TAMK publications

COMPETENCIES OF HEALTH PROFESSIONALS IN OBESITY PREVENTION, TREATMENT AND REHABILITATION | PIPSA TUOMINEN AND TIINA PYSTYNYN

12.12.2025

TAMKJournal | TAMK's physiotherapy degree programme is involved in the EU-funded PROMINENCE project, which used a literature review to map the competence requirements related to obesity prevention, treatment and rehabilitation in health sectors, especially in physiotherapy. The literature review is based on the WHO (2025)

PROMINENCE on EU Health Policy Platform

EU Health Policy Platform

Agora Network

NEWS

Launching a Free Obesity Education Resource for Physiotherapy

The PROMINENCE project is launching its Obesity Open Education Resource (OER) for physiotherapy on 24 March 2025 at 13:00 CET via a live online webinar.

Developed collaboratively by five European Higher Education Institutions and the Europe Region of World Physiotherapy, the OER addresses a recognised gap in entry-level physiotherapy curricula by providing free, evidence-based content on obesity and physiotherapy practice. Key outputs include an Obesity Competency Framework and the OER itself, both freely accessible to the wider physiotherapy community.

The launch webinar will present these outputs, explore how the resource can strengthen obesity education and clinical practice in physiotherapy, and open the floor for discussion. The resource is open to physiotherapy educators, students, researchers, and healthcare professionals with an interest in obesity management.

Registration details are in the link provided.

PROMINENCE is co-funded by the European Union under the Erasmus+ programme.

PROMINENCE
Physiotherapy • Obesity • Education

Resource Details

PROMINENCE Open Education Resource - invitation_24.03.2025.pdf (0.60) |
https://trio91web.com/us/webinarregister/PKM_IGR/tpw5087evs0zpxj02g1

The PROMINENCE project is now featured on the [EU Health Policy Platform](#), expanding its accessibility and offering educators, clinicians, and stakeholders across Europe an additional way to explore its resources.

Find PROMINENCE on the EU Health Policy Platform [here](#) – accessible via EU Login.



What's Next?

In the coming months, PROMINENCE will:

- publish another peer-reviewed paper:
 - Survey exploring obesity content in physiotherapy programmes across Europe – we will keep you posted on the [Europe Region of World Physiotherapy](#) website for details;
- disseminate project outputs through upcoming congresses and conferences at the national, as well as at the international level – join us at the [6th Europe Region Physiotherapy Congress](#) on 5 - 6 November 2026 in Madrid. UCD Prominence Team members will chair a Focused Symposium Session: From Education to Practice: Strengthening Physiotherapy's Role in Obesity Care. PROMINENCE Project Lead Cairtriona Cunningham will present on our project as part of this symposium.

We will continue providing access to the PROMINENCE website and its OER through the PROMINENCE website in 2026. The Obesity Competency Framework and OER will then be transferred to and available at the [Europe Region of World Physiotherapy](#) website. Watch this space – we will keep you informed prior to the move.

Thank you for being part of this important step toward better obesity education for physiotherapists!



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SOCIAL MEDIA

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Co-funded by
the European Union