

## **PROMINENCE Obesity OER Glossary**

5As - Approach: Ask, assess, advise, agree, assist  
ABCD - Adiposity-Based Chronic Disease  
ACTION-IO - Awareness, Care, and Treatment In Obesity management-  
International Observation  
ADLs - Activities of Daily Living  
AE - Aerobic Exercise  
BI - Bioelectrical Impedance  
BMI - Body Mass Index  
BP - Blood Pressure  
CAH - Congenital Adrenal Hyperplasia  
CDC - Centers for Disease Control and Prevention (US)  
CKD - chronic kidney disease  
CPD- Continuing Professional Development  
DHEAS - Dehydroepiandrosterone Sulphate  
DXA - Dual-energy X-ray Absorptiometry  
ECN - Early Career Network  
eGFR - Estimated Glomerular Filtration Rate  
EOSS - Edmonton Obesity Staging System  
FSH - Follicle-Stimulating Hormone  
GERD - Gastroesophageal Reflux Disease  
GLP-1 RAs - Glucagon-Like Peptide-1 Receptor Agonists  
GPs - General Practitioners (also known as Primary Care Physicians)  
GWAS - Genome-wide association studies  
HbA1c - Glycated Haemoglobin  
HCPs - Healthcare Professionals  
HF - Heart Failure  
HR - Heart Rate  
HTN - Hypertension  
LDL - Low-density Lipoprotein  
LH - Luteinizing Hormone  
4Ms - Mental factors, mechanical issues, mobility, metabolic indicators,  
monetary  
MACE - Major Adverse Cardiovascular Events  
MASH - Metabolic Dysfunction-Associated Steatohepatitis  
MASLD - Metabolic Dysfunction-Associated Steatotic Liver Disease  
MDT - multidisciplinary  
MI - Motivational Interviewing  
MLD - Manual Lymphatic Drainage  
MNT - Medical Nutrition Therapy

NAFLD - Non-alcoholic Fatty Liver Disease  
NGO - Non-Governmental Organisation  
OA - Osteoarthritis  
OARS - Open-ended questions invite meaningful dialogue - Affirmations reinforce strengths and effort - Reflections validate experience - Summaries  
OER - Open Education Resource  
OIL - Obesity Induced Lymphoedema  
OSA - Obstructive Sleep Apnoea  
OSE4ALL - Obesity Stigma Education 4 All project  
PA - Physical Activity  
PAP - Physical Activity on Prescription  
PCOS - Polycystic Ovary Syndrome  
PROMINENCE - Promoting Obesity and Metabolic Rehabilitation INclusion in EU Entry-level Physiotherapy Curricula  
PwO - Person with Obesity  
QoL - Quality of Life  
RE - Resistance Exercise  
RM - Repetition Maximum  
SLD - Simple Lymphatic Drainage  
T2D - Type 2 Diabetes  
T2DM - Type 2 Diabetes Mellitus  
TIBC - Total Iron-Binding Capacity  
WHR - Waist-to-Hip Ratio  
WHtR - Waist-to-Height Ratio